

PLACE BASED

Fresh, local ingredients mean one-of-a-kind treatments.

By **Kim Wallace**

Fresh, local ingredients have made their way from the dinner table to the massage table as spas integrate indigenous, seasonal produce and products into their treatments. “Spas are looking for elements of authenticity and transparency,” says Mark Wuttke, a Green Spa Network advisory board member.

Sourcing indigenous ingredients for treatments connects spa-goers to the land and the community, Wuttke says. “Spas can bring stories about the relationship they have with the farm.”

Abhasa Waikiki Spa

Honolulu, Hawaii
abhasa.com

The Hawaiian Organic Spa Experience includes a passion fruit face cleanse and an upper-body massage using organic first-press coconut oil.

Spa Montage

Laguna Beach, California
spamontage.com

Spa Montage brings the healing power of fresh-picked produce and the ocean to its water therapies, seaweed mineral baths and hydrotherapy treatments. Local muds and clays draw out impurities; lemon, grapefruit and thyme invigorate.

The Spa at Rosewood Tucker's Point

Hamilton, Bermuda
rosewoodtuckerspoint.com

Hand-picked aloe from the resort's garden and pure honey from its hives are included in a new spa menu that carries forward the spa's signature Bermuda lily aromatherapy blend.



Local mud and clay are used to draw out impurities during treatments at Spa Montage Laguna Beach.

Farmhouse Inn

Forestville, California
farmhouseinn.com

Spring forest honey, heirloom cider apples and herbs grown in the Farmhouse's kitchen garden are incorporated into luxurious creams and masks for full-body spa treatments.

Marley Resort and Spa

Nassau, New Providence, Bahamas
marleyresort.com

The Natural Mystic Spa inside Bob and Rita Marley's former vacation home features Afro-Caribbean rituals and treatments made from fresh mango and local honey and coffee.

Sunshine and Citrus Dreams

These California spas will have you seeing orange this month.

NiteSpa

Venice, California nitespa.com

NiteSpa's "Whole Lotta Love" facial has sweet orange citrus cleanser and flower extracts. "It's not only effective, but smells divine," says spa director Tawney Sablen.

Spa Aiayana at Carmel Valley Ranch

Carmel Valley, California
carmelvalleyranch.com

The Orange Blossom and Marigold Body Polish is a creamy scrub of tangerine and pomegranate oils and an application of sweet orange butter cream.

Villagio Inn & Spa

Napa Valley, California villagio.com

A tart Lemon Lime Pedicure with fruit acids, jojoba and fruit extracts is available from May through July.

—Nicole Dorsey